[good description]

[try to simplify]

["says" is fine for dialog]

Summary: "Hannah's Turtles" is a story about two women who develop a friendship through an Autistic girl named Hannah. Cassie is Hannah's mother and Jen is a behavior therapist that provides home based services to Hannah and her family. Cassie's husband David is serving a 24 month sentence in a mandatory rehabilitation facility due to crimes related to his addiction to prescription pain medication. Dave loves his family and spends his rehabilitation time learning all he can about his daughter's autism and understanding the root of the inner pain he was trying to medicate. Jen is in an emotionally and mentally abusive marriage and finds herself questioning the harm it is doing to her children. Through their growing friendship they find the strength to face the issues in their lives. In a dramatic turn they also literally save the life of the precious autistic girl that brought them together. Each chapter shares the voice of both Jen and Cassie as they tell the story of their precious Hannah.

? how oldis Hannah?

CHAPTER ONE: Jennifer

of an old cartoon, pulling me through the pizzeria door. An ear-piercing screech cuts through the wafting aromas, followed by a baby's cry. A second later, a foam cup with a plastic lid comes crashing to the floor, ice and liquid[specify] flowing everywhere. Instinctively, I look to where all the commotion is coming from, and I see her sitting at a table near the window in the back. She shifts her toddler from one knee to the other as she tries to get her older daughter to focus on getting back to eating.

Cassie Mitchell - my potential client. [unclear which is the client, most likely the mother]

rl 4

A man comes out from behind the counter wearing a shirt with the name Joe stitched neatly along the top of the left pocket[simplify?]. I assume he is the namesake of [the pizza place

where we have agreed to meet][isn't that where she is?][did we previously know the place was named Joe's?]. He doesn't look the least bit put out as he reaches for the mop and pail_carrying them over to the spill.

"Sorry₂ Joe!" the woman apologizes. "Hannah didn't mean it. I moved her cup to the other side of her plate because Katie was trying to grab a piece of her chicken tender breading. [chronological] She just didn't want it there. I'm so sorry!"

"No worries. Miss Cassie. I get it all cleaned up for Hannah!" he assures her in his thick Italian accent[give the reader some credit].

Careful not to step in his way, I take a minute before I attempt to skirt around the mess. The extra time allows me a closer look at this woman I mightay be working with. Despite the clear challenge of an active toddler and another child throwing a drink, she looks remarkably put together in an effortless, casual way. Fine, blonde hair is pulled back into a bun at the nape of her neck. Wispy bangs and loose tendrils fall to frame her delicate features. She pairs a light blue, peasant-style blouse with jeans and slip—on sneakers Similar in age and style my darker color choice of maroon blouse with black jeans rolled to just above the ankles and black ballet flats enhance our contrasts. Where her look is light and airy, mine is what people might call [simplify]earthy. My chestnut hair flows long over my shoulders and, despite the hairdresser's assurance that the layers would allow for movement, it just[still?] comes across as bushy. My violet-blue eyes are unique in that one quarter of my left iris is brown, a fact that I have embraced more as I have grown older. It's the only feature that adds interest to my otherwise ordinary looks. [try to make this more parallel]

I reach the table and she looks up with a welcoming smile.

"Hi, I'm Jennifer O'Shea," I introduce myself. "You must be Cassie Mitchell?"

Page 2 of 7

"I am," she responds. "Forgive me if I don't get up, but I am finally getting them both to eat_ and that is a huge accomplishment! Please join us."

"Thanks," I say. "This must be Hannah."

Hannah continuesed to peel the breading from her chicken tenders as if she didn't hear me.

"Hannah, look at me," her mother directsed. Once she hase eye contact, she continuesed.

tenses "Say. 'Hello' to Ms. O'Shea."

"Hello to Ms. O'Shea." Hannah repeatsed the words like a parrot, and goeswent back to peeling the breading from her chicken.

"You can call me Jen," I tell them both, again not getting any response from Hannah.

"Sorry you walked in on all this. I moved Hannah's drink to the other side of her plate so grabby little fingers couldn't reach it," she says as she lovingly nuzzles her baby's neck, "And she threw it. It's not meant to be fresh. In Hannah's mind, the cup just didn't belong there. I'm glad the place isn't crowded at the moment. I try to plan eating out when there aren't many people around. Unfortunately, most people don't understand. I get stares or comments under their breath about 'if that was their child what they would do'! Sometimes, I just want to scream that she's not being bad, she is aAutistic!"

"Well. I understand completely and you won't be getting any evil eyes from me.;" I reassure her with a smile.

"Food is definitely one of her issues, as I am sure you can tell, "Cassie laughs slightly. I am certain she is trying to make light of what must be a daily battle. "She loves the chicken tenders from Joe's, but has to peel the breading off. I have tried to order them without breading, but she won't eat them that way. She will only eat the chicken tenders from here, but I have to

stop on the way and get her fries from her favorite fast food place. I am so glad Joe here understands and lets us bring them in. "

"Anything for my friend Hannah," Joe says as he hands Cassie a fresh cup of soda.

"Do you know how hard it is to find a place like this? You are the best. Joe!" Cassie quipssays.

"You be sure and tell all your friends how great we are here. It's good for business," Joe says in ahis all professional like-way. But you can see in his eyes that he has a special place in his heart for this family. [It should have been my first indication that they were going to be more than just clients to me as well [why tell us this?]

"Is food a problem with this beautiful little one, too?" I ask reaching out my hand to Hannah's younger sister. "Did you say her name is Katie?"

"Yes, this is Katie and her food issues are almost as bad as Hannah's. Hopefully, that's just a toddler thing she'-will grow out of before she turns into a chicken tender herself." Cassie laughs for real this time.

"I remember when my daughter was that age." I said. "I thought she was going to eat baby cereal forever; she loved the stuff. Baby oatmeal, rice cereal, barley cereal, swirl a little applesauce in there, and she was in heaven. She would have it for breakfast, lunch, and dinner if it was her choice," I said. "She still eats it every now and then, but has expanded her <u>palatepallet</u> to include other foods as well."

"If Katie benefits from Hannah's eating program, then you are truly going to be a sanity saver for this Mom. How old is your daughter now?" Cassie asked.

Page 4 of 7

"My daughter Sarah is 5 and my son Cole is 8. They are great kids but not without their own issues," I <u>saidlaughed</u>. "Does Hannah have any other brothers or sisters?"

"No, just Hannah and Katie is plenty." Cassie replied.

"Does their Dad live with you?" I have worked with a wide variety of families so I have learned to ask.

"Their Dad does live with us," Cassie says hesitantly. But quickly adds, "He is going to be away for a bit, though, for work, so it will just be us girls for now."

I could tell by the catch in her voice and the quick change in her face that there was more to it than she let on. But, as far as the information I need, it was plenty[enough?] for me to know he would not be a part of our immediate training.

I take mental note and don't pull out my yellow legal pad just yet; I want to get a feel for the family first. Other behaviorists like to gather all the facts and information in the first meeting. I understand that, but it is not how I like to work myself. I've always been a person that feels things out, and will lead with my emotions and instinct. In many cases, personal life being a classic example, t[?] can be [self- inflictingly][?] painful. t[?] also happens to be what makes me very good at what I do. The children and their families that I work with are people, not "cases". I like to get to know them and have them get to know me as well. If you make a connection with a family, they are going to be more willing to trust you when you ask them to do the hard stuff. In order to help these children, there is going to be plenty of the hard stuff to get through before it gets better. And it can get better! I believe this to my core or I wouldn't be in this line of work.

Home Based Service why capitalized! is completely different from than working with children in a school or center setting. You are entering the family's home, making changes to

their routine, setting up the structure and schedules that are crucial for their child's success.

These changes may not come naturally to them, and it's not easy to rethink all the details of daily life and adapt to their child's needs. If you make a connection, it helps make it a little easier for them.

"So how is Hannah with Katie? Do they interact much?" I asked.

"For the most part, Hannah does her thing and Katie plays around her. Hannah has her self-stimulatory behaviors, or "stims" that she does when she is excited or anxious. She flaps her hands and likes to shake her head from side to side real fast. Katie thinks this is hysterical and laughs herself silly when Hannah does it. She even tries to imitate her, and I know I should probably be worried, but it's just so damn cute, I end up laughing right along with them!"

I start smiling myself just thinking about it and I have truly made up my mind that I am going to like working with this family very much!

Cassie

"I guess that went pretty well, ladies," Cassie says as she gets her daughters settled into the car after their lunch meeting. "I mean, we didn't send her running off screaming, so all <u>inand</u> all I would say it was a good first meeting. I think I am going to like her. What about you Hannah Girl? Are you going to like your new teacher, Jen O'Shea?" Cassie asks knowing she is not going to get any response.

In the seven years since Cassie and David had Hannah, she has never had a conversation with her daughter. She has had what teachers will call successful communication, but not a real

conversation. Hannah can answer questions about what she wants to wear, this or that given two choices. You can ask if she wants a hot dog or grilled cheese for lunch. She can take your hand and lead you toward something she is looking for. But as for the rest, Cassie has no idea for the most part—what her own child is thinking. She doesn't know her favorite color, or what her favorite song is. Which Disney princess is her favorite? Does she really like that much ketchup on her scrambled eggs or is she trying to drown out the taste of the eggs like Cassie did when she was a kid?

ALIE

who

WOMEN'S FICTION: HANNAH'S TURTLES BY KAREN CORSI

Summary: "Hannah's Turtles" is a story about two women who develop a friendship through an Autistic girl named Hannah. Cassie is Hannah's mother and Jen is a behavior therapist that provides home-based services to Hannah and her family. Cassie's husband David is serving a 24 month sentence in a mandatory rehabilitation facility due to crimes related to his addiction to prescription pain medication. Dave loves his family and spends his rehabilitation time learning all he can about his daughter's autism and understanding the root of the inner pain he was trying to medicate. Jen is in an emotionally and mentally abusive marriage and finds herself questioning the harm it is doing to her children. Through their growing friendship they find the strength to face the issues in their lives. In a dramatic turn they also literally save the life of the precious autistic girl that brought them together. Each chapter shares the voice of both Jen and Cassie as they tell the story of their precious Hannah.

I find sutism pascinating. I would like to hear preson more about Cassie and ten's interactions with Hannah. And, how do the turtles come into play?

What were David's crimes?

CHAPTER ONE: Jennifer

The smell of fresh baking dough and Italian spices encircles my head, like something out of an old cartoon, pulling me through the pizzeria door. An ear-piercing screech cuts through the wasting aromas, followed by a baby's cry. A second later a foam cup with a plastic lid comes or crashing to the floor, ice and liquid flowing everywhere. Instinctively I look to where all the commotion is coming from and I see her sitting of a table near the window in the back. She shifts her toddler from one knee to the other as she tries to get her older daughter to focus or getting Try to zooid "get

Cassie Mitchell - my potential client.

back to eating.

A man comes out from behind the counter wearing a shirt with the name Joe stitched neatly along the top of the left pocket. I assume he is the namesake of the pizza place where we have agreed to meet. He doesn't look the least bit put out as he reaches for the mop and pail carrying them over to the spill.

DUIK

WOMEN'S FICTION: HANNAH'S TURTLES BY KAREN CORSI

"Sorry Joe!" the woman apologizes. "Hannah didn't mean it. I moved her cup to the other side of her plate because Katie was trying to grab a piece of her chicken tender breading. She just didn't want it there. I'm so sorry!"

"No worries Miss Cassie. I get it all cleaned up for Hannah!" he assures her in his thick Italian accent.

Careful not to step in his way, I take a minute before I attempt to skirt around the mess.

The extra time allows me a closer look at this woman I may be working with. Despite the clear challenge of an active toddler and another child throwing a drink, she looks remarkably put together in an effortless, casual way. Fine, blonde hair is pulled back into a bun at the nape of her neck. Wispy bangs and loose tendrils fall to frame her delicate features. She pairs a light blue, peasant-style blouse with jeans and slip on sneakers. Similar in age and style, my darker color choice of maroon blouse with black jeans rolled to just above the ankles and black ballet flats enhance our contrasts. Where her look is light and airy mine is what people might eat earthy.

My chestnut hair flows long over my shoulders and despite the hairdresser's assurance that the layers would allow for movement it just comes across as bushy. My violet-blue eyes are unique

1) the

I reach the table and she looks up with a welcoming smile.

older. It's the only feature that adds interest to my otherwise ordinary looks.

"Hi, I'm Jennifer O'Shea," I introduce myself. "You must be Cassie Mitchell"

in that one quarter of my left iris is brown, a fact that I have embraced more as I have grown

Important of time ster T

"I am," she responds. "Forgive me if I don't get up, but I am finally getting them both to eat and that is a huge accomplishment! Please join us."

"Thanks," I say. "This must be Hannah," Hello, Hannah."

Hannah continued to peel the breading from her chicken tenders as if she didn't hear me.

ALLIE.

WOMEN'S FICTION: HANNAH'S TURTLES BY KAREN CORSI

"Hannah, look at me," her mother directed. Once she had eye contact she continued. "Say Hello to Ms. O'Shea."

"Hello to Ms. O'Shea." Hannah repeated the words like a parrot, and went back to peeling the breading from her chicken.

"You can call me Jen," I tell them both, again not getting any response from Hannah.

"Sorry you walked in on all this. I moved Hannah's drink to the other side of her plate so grabby little fingers couldn't reach it," she says as she lovingly nuzzles her baby's neck "And she threw it. It's not meant to be fresh. In Hannah's mind the cup just didn't belong there. I'm glad the place isn't crowded at the moment. I try to plan eating out when there aren't many people around. Unfortunately most people don't understand. I get stares or comments under their breath about if that was their child what they would do! Sometimes I just want to scream that have her map the pool heing bad, she is Autistic!"

"Well, I understand completely and you won't be getting any evil eyes from me." I reassure her with a smile.

"Food is definitely one of her issues as I am sure you can tell," Cassie laughs slightly. I am certain she is trying to make light of what must be a daily battle. "She loves the chicken tenders from Joe's but has to peel the breading off. I have tried to order them without breading but she won't eat them that way. She will only eat the chicken tenders from here, but I have to stop on the way and get her fries from her favorite fast food place. I am so glad Joe here understands and lets us bring them in."

"Anything for my friend Hannah," Joe says as he hands Cassie a fresh cup of soda.

"Do you know how hard it is to find a place like this? You are the best Joe!" Cassie nuips.

was choice

DULIE

WOMEN'S FICTION: HANNAH'S TURTLES BY KAREN CORSI

"You be sure and tell all your friends how great we are here. It's good for business," Joe says in his all professional like way. But you can see in his eyes that he has a special place in his heart for this family. It should have been my first indication that they were going to be more than just clients to me as well.

"Is food a problem with this beautiful little one too?" I ask reaching out my hand to Hannah's younger sister. "Did you say her name is Katie?"

"Yes, this is Katie and her food issues are almost as bad as Hannah's. Hopefully that's just a toddler thing she will grow out of before she turns into a chicken tender herself." Cassie laughs for real this time.

"I remember when my daughter was that age. I thought she was going to eat baby cereal forever; she loved the stuff. Baby oatmeal, rice cereal, barley cereal, swirl a little applesauce in there and she was in heaven. She would have it for breakfast, lunch and dinner if it was her choice," I said. "She still eats it every now and then, but has expanded her pallet to include other foods as well."

"If Katie benefits from Hannah's eating program, then you are truly going to be a sanity saver for this Mom. How old is your daughter now?" Cassie asked.

"My daughter Sarah is and my son Cole is 8. They are great kids but not without their own issues," I laughed. "Does Hannah have any other brothers or sisters?"

"No, just Hannah and Katie is plenty," Cassie replied.

"Does their Dad live with you?" I have worked with a wide variety of families so I have learned to ask.

JULIE

WOMEN'S FICTION: HANNAH'S TURTLES BY KAREN CORSI

"Their Dad does live with us," Cassie says hesitantly but quickly adds, "He is going to be away for a bit though, for work, so it will just be us girls for now."

I could tell by the catch in her voice and the quick change in her face that there was more to it than she let on. But as far as the information I need, it was plenty for me to know he would not be a part of our immediate training.

I take mental note and don't pull out my yellow legal pad just yet; I want to get a feel for the family first. Other behaviorists like to gather all the facts and information in the first meeting. I understand that, but it is not how I like to work myself. I've always been a person that feels things out and will lead with my emotions and instinct. In many cases, personal life being a classic example, it can be self- inflictingly painful. It also happens to be what makes me very good at what I do. The children and their families that I work with are people, not "cases". I like to get to know them and have them get to know me as well. If you make a connection with a family they are going to be more willing to trust you when you ask them to do the hard stuff. In order to help these children, there is going to be plenty of the hard stuff to get though before it gets better. And it can get better! I believe this to my core or I wouldn't be in this line of work.

Home Based Service is completely different than working with children in a school or center setting. You are entering the family's home, making changes to their routine, setting up the structure and schedules that are crucial for their child's success. These changes may not come naturally to them and it's not easy to rethink all the details of daily life and adapt to their child's needs. If you make a connection it helps make it a little easier for them.

"So how is Hannah with Katie? Do they interact much?" I asked.

"For the most part Hannah does her thing and Katie plays around her. Hannah has her self-stimulatory behaviors, or "stims" that she does when she is excited or anxious. She flaps her

folkingly forectly to the

hands and likes to shake her head from side to side real fast. Katie thinks this is hysterical and laughs herself silly when Hannah does it. She even tries to imitate her and I know I should probably be worried, but it's just so damn cute I end up laughing right along with them!"

I start smiling myself just thinking about it and I have truly made up my mind that I am going to like working with this family very much!

Cassie

"I guess that went pretty well ladies," Cassie says as she gets her daughters settled into the car after their lunch meeting. "I mean we didn't send her running off screaming, so all and all I would say it was a good first meeting. I think I am going to like her. What about you Hannah Girl? Are you going to like your new teacher, Jen O'Shea?" Cassie asks knowing she is not going to get any response.

every consider while

In the seven years since Cassie and David had Hannah she has never had a conversation with her daughter, she has had what teachers will call successful communication, but not a real conversation. Hannah can answer questions about what she wants to wear, this or that given two choices. You can ask if she wants a hot dog or grilled cheese for lunch. She can take your hand and lead you toward something she is looking for. But as for the rest, Cassie has no idea for the most part what her own child is thinking. She doesn't know her favorite color, or what her favorite song is, Which Disney princess is her favorite? Does she really like that much ketchup on her scrambled eggs or is she trying to drown out the taste of the eggs like Cassie did when she

WAS A KID?

NHY DIDN'T THEY FIRST MEET IN HAUNAH'S HOME?

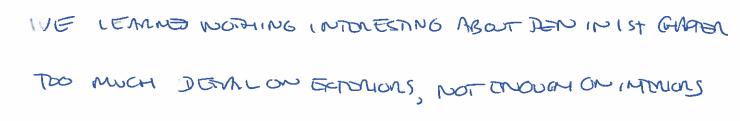
DO YOU KNOW AN AUTISTIC CHILD? YERR REALISTIC PORTRAYAL.

THIS STORY WILL EDUCAT Page 6 of 6

OF THE DOG IN THE NIGHT-TIME AND RULES.

Connie

Summary: "Hannah's Turtles" is a story about two women who develop a friendship through an Autistic girl named Hannah. Cassie is Hannah's mother and Jen is a behavior therapist that provides home based services to Hannah and her family. Cassie's husband David is serving a 24 month sentence in a mandatory rehabilitation facility due to crimes related to his addiction to prescription pain medication. Dave loves his family and spends his rehabilitation time learning all he can about his daughter's autism and understanding the root of the inner pain he was trying to medicate. Jen is in an emotionally and mentally abusive marriage and finds herself questioning the harm it is doing to her children. Through their growing friendship they find the strength to face the issues in their lives. In a dramatic turn they also literally save the life of the precious autistic girl that brought them together. Each chapter shares the voice of both Jen and Cassie as they tell the story of their precious Hannah.



CHAPTER ONE: Jennifer

The smell of fresh baking dough and Italian spices encircles my head, like something out of an old cartoon, pulling me through the pizzeria door. An ear-piercing screech cuts through the wafting aromas, followed by a baby's cry. A second later a foam cup with a plastic lid comes crashing to the floor, ice and liquid flowing everywhere. Instinctively I look to where all the commotion is coming from and I see her sitting at a table near the window in the back. She shifts her toddler from one knee to the other as she tries to get her older daughter to focus on getting back to eating.

Cassie Mitchell - my potential client.

A man comes out from behind the counter wearing a shirt with the name Joe stitched neatly along the top of the left pocket. I assume he is the namesake of the pizza place where we have agreed to meet. He doesn't look the least bit put out as he reaches for the mop and pail carrying them over to the spill.

"Sorry Joe!" the woman apologizes. "Hannah didn't mean it. I moved her cup to the other side of her plate because Katie was trying to grab a piece of her chicken tender breading. She just didn't want it there. I'm so sorry!"

"No worries Miss Cassie. I get it all cleaned up for Hannah!" he assures her in his thick Italian accent.

Careful not to step in his way, I take a minute before I attempt to skirt around the mess.

The extra time allows me a closer look at this woman I may be working with. Despite the clear challenge of an active toddler and another child throwing a drink, she looks remarkably put together in an effortless, casual way. Fine, blonde hair is pulled back into a bun at the nape of her neck. Wispy bangs and loose tendrils fall to frame her delicate features. She pairs a light blue, peasant-style blouse with jeans and slip on sneakers. Similar in age and style, my darker color choice of maroon blouse with black jeans rolled to just above the ankles and black ballet flats enhance our contrasts. Where her look is light and airy, mine is what people might call earthy. My chestnut hair flows long over my shoulders and despite the hairdresser's assurance that the layers would allow for movement it just comes across as bushy. My violet-blue eyes are unique in that one quarter of my left iris is brown, a fact that I have embraced more as I have grown older. It's the only feature that adds interest to my otherwise ordinary looks.

I reach the table and she looks up with a welcoming smile.

"Hi, I'm Jennifer O'Shea," I introduce myself. "You must be Cassie Mitchell?"

"I am," she responds. "Forgive me if I don't get up, but I am finally getting them both to eat and that is a huge accomplishment! Please join us."

"Thanks," I say. "This must be Hannah? Hello, Hannah."

Hannah continued to peel the breading from her chicken tenders as if she didn't hear me.

of the state of th

"Hannah, look at me," her mother directed. Once she had eye contact she continued. "Say Hello to Ms. O'Shea."

"Hello to Ms. O'Shea." Hannah repeated the words like a parrot, and went back to peeling the breading from her chicken.

"You can call me Jen," I tell them both, again not getting any response from Hannah.

"Sorry you walked in on all this. I moved Hannah's drink to the other side of her plate so grabby little fingers couldn't reach it," she says as she lovingly nuzzles her baby's neck, "And she threw it. It's not meant to be fresh. In Hannah's mind the cup just didn't belong there. I'm glad the place isn't crowded at the moment. I try to plan eating out when there aren't many people around. Unfortunately most people don't understand. I get stares or comments under their breath about if that was their child what they would do! Sometimes I just want to scream that she's not being bad, she is Autistic!"

"Well I understand completely and you won't be getting any evil eyes from me." I reassure her with a smile.

"Food is definitely one of her issues as I am sure you can tell," Cassie laughs slightly. I am certain she is trying to make light of what must be a daily battle. "She loves the chicken tenders from Joe's but has to peel the breading off. I have tried to order them without breading but she won't eat them that way. She will only eat the chicken tenders from here, but I have to stop on the way and get her fries from her favorite fast food place. I am so glad Joe here understands and lets us bring them in. "

"Anything for my friend Hannah," Joe says as he hands Cassie a fresh cup of soda.

"Do you know how hard it is to find a place like this? You are the best Joe!" Cassie

quips.

Page 3 of 6

"You be sure and tell all your friends how great we are here. It's good for business," Joe says in his all professional like way. But you can see in his eyes that he has a special place in his heart for this family. It should have been my first indication that they were going to be more than just clients to me as well.

"Is food a problem with this beautiful little one too?" I ask reaching out my hand to Hannah's younger sister. "Did you say her name is Katie?"

IS THIS A SCENE BREAK? HOPE NOT.

"Yes, this is Katie and her food issues are almost as bad as Hannah's. Hopefully that's just a toddler thing she will grow out of before she turns into a chicken tender herself." Cassie laughs for real this time.

"I remember when my daughter was that age. I thought she was going to eat baby cereal forever; she loved the stuff. Baby oatmeal, rice cereal, barley cereal, swirl a little applesauce in there and she was in heaven. She would have it for breakfast, lunch and dinner if it was her choice," I said. "She still eats it every now and then, but has expanded her pallet to include other foods as well."

"If Katie benefits from Hannah's eating program then you are truly going to be a sanity saver for this Mom. How old is your daughter now?" Cassie asked.

"My daughter Sarah is 5 and my son Cole is 8. They are great kids but not without their own issues," I laughed. "Does Hannah have any other brothers or sisters?"

"No, just Hannah and Katie is plenty." Cassie replied.)

"Does their Dad live with you?" I have worked with a wide variety of families so I have learned to ask.

"Their Dad does live with us," Cassie says hesitantly. But quickly adds, "He is going to be away for a bit though, for work, so it will just be us girls for now."

I could tell by the catch in her voice and the quick change in her face that there was more to it than she let on. But as far as the information I need, it was plenty for me to know he would not be a part of our immediate training.

I take mental note and don't pull out my yellow legal pad just yet; I want to get a feel for the family first. Other behaviorists like to gather all the facts and information in the first meeting. I understand that, but it is not how I like to work myself. I've always been a person that feels things out and will lead with my emotions and instinct. In many cases, personal life being a classic example it can be self-inflictingly painful. It also happens to be what makes me very good at what I do. The children and their families that I work with are people, not "cases". I like to get to know them and have them get to know me as well. If you make a connection with a family they are going to be more willing to trust you when you ask them to do the hard stuff. In order to help these children, there is going to be plenty of the hard stuff to get trough before it gets better. And it can get better! I believe this to my core or I wouldn't be in this line of work.

Home Based Service is completely different than working with children in a school or center setting. You are entering the family's home, making changes to their routine, setting up the structure and schedules that are crucial for their child's success. These changes may not come naturally to them and it's not easy to rethink all the details of daily life and adapt to their child's needs. If you make a connection it helps make it a little easier for them.

"So how is Hannah with Katie? Do they interact much?" I asked.

"For the most part Hannah does her thing and Katie plays around her. Hannah has her self-stimulatory behaviors, or "stims" that she does when she is excited or anxious. She flaps her

STILTED

The American

hands and likes to shake her head from side to side real fast. Katie thinks this is hysterical and laughs herself silly when Hannah does it. She even tries to imitate her and I know I should probably be worried, but it's just so damn cute I end up laughing right along with them!"

I start smiling myself just thinking about it and I have truly made up my mind that I am going to like working with this family very much!

Cassie

"I guess that went pretty well ladies," Cassie says as she gets her daughters settled into the car after their lunch meeting. "I mean we didn't send her running off screaming, so all and all I would say it was a good first meeting. I think I am going to like her. What about you Hannah Girl? Are you going to like your new teacher, Jen O'Shea?" Cassie asks knowing she is not going to get any response.

In the seven years since Cassie and David had Hannah she has never had a conversation with her daughter. She has had what teachers will call successful communication, but not a real conversation. Hannah can answer questions about what she wants to wear, this or that given two choices. You can ask if she wants a hot dog or grilled cheese for lunch. She can take your hand and lead you toward something she is looking for. But as for the rest, Cassie has no idea for the most part what her own child is thinking. She doesn't know her favorite color, or what her favorite song is. Which Disney princess is her favorite? Does she really like that much ketchup on her scrambled eggs or is she trying to drown out the taste of the eggs like Cassie did when she was a kid?

Karen-

You've chosen a very difficult topic to deal with and not become drippy. The reader will live with some uncomfortable situations — Cassie having to deal with two children, one being autistic. It seems impossible, but you've introduced a therapist who has to step in and be the super woman who saves the day. Your job is to establish the difficulty, and then allow the reader to follow the progression of the family.

In your summary, I guess we'll follow two families learning to deal with problems. No simple task.

One suggestion is to help the reader understand where he she is in the story. The opening paragraphs are a good example. Walk me through the movement in the pizza place. I was lost, and you can't have a lost reader.

Another problem for me – I'm weak in this area – in the first six pages, you've introduced six characters. Even if they're physically not in the chapter, the reader must account for another name. I had to stop and write a list of characters, just to keep them straight.

Good luck with this very aggressive novel.

Dave

Summary: "Hannah's Turtles" is a story about two women who develop a friendship through an Autistic girl named Hannah. Cassie is Hannah's mother and Jen is a behavior therapist that provides home based services to Hannah and her family. Cassie's husband David is serving a 24 month sentence in a mandatory rehabilitation facility due to crimes related to his addiction to prescription pain medication. Dave loves his family and spends his rehabilitation time learning all he can about his daughter's autism and understanding the root of the inner pain he was trying to medicate. Jen is in an emotionally and mentally abusive marriage and finds herself questioning the harm it is doing to her children. Through their growing friendship they find the strength to face the issues in their lives. In a dramatic turn they also literally save the life of the precious autistic girl that brought them together. Each chapter shares the voice of both Jen and Cassie as they tell the story of their precious Hannah.

CHAPTER ONE: Jennifer

The smell of fresh baking dough and Italian spices encircles my head, like something out of an old cartoon, pulling me through the pizzeria door. An ear-piercing screech cuts through the wafting aromas, followed by a baby's cry. A second later a foam cup with a plastic lid comes crashing to the floor, ice and liquid flowing everywhere. (Where is Jennifer? At a table?

Standing in the foyer waiting for a table? At a counter, when her attention was drawn to the mess? I need to be grounded.) Instinctively I look to where all the commotion is coming from and I see her (Don't be coy here. This is our first look at a major character. Calling her 'her' weakens the introduction. Use the description that follows. "I see a woman juggling a toddler on one knee and another daughter, distracted from her meal." Something like that.) sitting at a table near the window in the back. She shifts her toddler from one knee to the other as she tries to get her older daughter to focus on getting back to eating.

Cassie Mitchell - my potential client. (Is this a title to a chapter? Is the following from Cassie Mitchell's POV? Are you simply saying that the woman you've described is Cassie Mitchell her newest client. Why don't you just say that and avoid the confusion?)

A man (Again, weak intro. Say Joe, the proprietor, or whatever. Just saying the man is weak.) comes out from behind the counter wearing a shirt with the name Joe stitched neatly along the top of the left pocket. I assume he is the namesake of the pizza-place where we have agreed-to-meet. (Duh!) He doesn't look the least bit put out as he reaches for the mop and pail carrying them over to the spill.

"Sorry Joe!" the woman apologizes. "Hannah didn't mean it. I moved her cup to the other side of her plate because Katie was trying to grab a piece of her (Katie's or Hannah's breading?) chicken tender breading. She just didn't want it there. I'm so sorry!"

"No worries Miss Cassie. I get it all cleaned up for Hannah!" he assures her in his thick Italian accent.

Careful not to step in his way, I take a minute before I attempt to skirt around the mess.

(Again, I'm not grounded in a place. Where is she in the restaurant?) The extra time allows me a closer look at this woman I may be working with. Despite the clear challenge of an active toddler

and another child throwing a drink, she looks remarkably put together in an effortless, casual way. Fine, blonde hair is pulled back into a bun at the nape of her neck. Wispy bangs and loose tendrils fall to frame her delicate features. She pairs a light blue, peasant-style blouse with jeans and slip on sneakers. (New paragraph) Similar in age and style to me, my darker color choice of maroon blouse with black jeans rolled to just above the ankles and black ballet flats enhance our contrasts. Where her look is light and airy, mine is what people might call earthy. My chestnut hair flows long over my shoulders and despite the hairdresser's assurance that the layers would allow for movement it just comes across as bushy. My violet-blue eyes are unique in that one quarter of my left iris is brown, a fact that I have embraced more as I have grown older. It's the only feature that adds interest to my otherwise ordinary looks. (The speaker's self-description is three times as long as the object of her curiosity. A bit self-absorbed.)

I reach the table and she looks up with a welcoming smile.

"Hi, I'm Jennifer O'Shea," I introduce myself. "(Redundant.) You must be Cassie Mitchell?"

"I am," she responds. "Forgive me if I don't get up, but I am finally getting them both to eat and that is a huge accomplishment! Please join us."

"Thanks," I say. "This must be Hannah? Hello, Hannah." (She sits?)

Hannah continued to peel the breading from her chicken tenders as if she didn't hear me.

"Hannah, look at me," her mother directed. Once she had eye contact she continued. "Say Hello to Ms. O'Shea."

"Hello to Ms. O'Shea." Hannah said repeated the words like a parrot, and went back to peeling the breading from her chicken.

"You can call me Jen," I tell them both, again not getting any response from Hannah.

"Sorry you walked in on all this. I moved Hannah's drink to the other side of her plate so grabby-little fingers couldn't reach it," she says as she lovingly nuzzles her baby's neek, "And she threw it. It's not meant to be fresh. In Hannah's mind the cup just didn't belong there. I'm glad the place isn't crowded at the moment. I try to plan eating out when there aren't many people around. Unfortunately most Most people don't understand. I get stares or comments under their breath about if that was their child what they would do! Sometimes I just want to scream that she's not being bad,. she She is Autistic!"

"Well I understand completely and you won't be getting any evil eyes from me." I reassure her with a smile.

"Food is definitely one of her issues as I am sure you can tell," Cassie laughs slightly. I am certain she is trying to make light of what must be a daily battle. "She Hannah loves the chicken tenders from Joe's but has to peel the breading off. I have tried to order them without breading but she won't eat them that way. She will only eat the chicken tenders from here, but I have to stop on the way and get her fries from her favorite fast food place. I am so glad Joe here understands and lets us bring them in. "

"Anything for my friend Hannah," Joe says as he hands Cassie a fresh cup of soda.

"Do you know how hard it is to find a place like this? You are the best Joe!" Cassie quips (quips? odd comment).

"You be sure and tell all your friends how great we are here. It's good for business," Joe says in-his-all professional like way. But you on can see in his eyes that he has a special place in his heart for this family. It should have been my first indication that they were going to be more than just clients to me as well. (Confusing sentence. Referring to Joe? Or Cassie?)

"Is food a problem with this beautiful little one too?" I ask reaching out my hand to Hannah's younger sister. "Did you say her name is Katie?"

"Yes, this is Katie and her food issues are almost as bad as Hannah's. (Cassie said.)

Hopefully that's just a toddler thing she will grow out of before she turns into a chicken tender herself." (Confused. Who is eating the tender? Is Katie a tender eater herself? I thought it was Hannah who pealed the tender.) Cassie laughs for real this time.

"I remember when my daughter was that age. (I said) I thought she was going to eat baby cereal forever; she loved the stuff. Baby oatmeal, rice cereal, barley cereal, swirl a little applesauce in there and she was in heaven. She would have it for breakfast, lunch and dinner if it was her choice," I said. "She still eats it every now and then, but has expanded her pallet to include other foods as well." (I don't think a therapist would involve her own family so soon into the relationship.)

"If Katie (also) benefits from Hannah's eating program then you are truly going to be a sanity saver for this Mom. How old is your daughter now?" Cassie asked.

"My daughter, Sarah, is 5, and my son, Cole, is 8. They are great kids but not without their own issues,." I laughed. "Does Hannah have any other brothers or sisters?"

"No, just Hannah and Katie is (are) plenty." Cassie replied.

"Does their Dad live with you?" I have worked with a wide variety of families so I have learned to ask.

"Their Dad does live with us," Cassie says hesitantly. But quickly adds, "He is going to be away for a bit though, for work, so it will just be us girls for now."

I could tell by the catch in her voice and the quick change in her face that there was more to it than she let on. But as far as the information I need, it was plenty for me to know he would not be a part of our immediate training. (good insight.)

I take mental note and don't pull out my yellow legal pad just yet; I want to get a feel for the family first. Other behaviorists like to gather all the facts and information in the first meeting. I understand that, but it is not how I like to work myself. I've always been a person that feels things out and will lead with my emotions and instinct. In many cases, personal life being a classic example, it can be self- inflictingly painful. It also happens to be what makes me very good at what I do. The children and their families that I work with are people, not "cases". I like to get to know them and have them get to know me as well. If you make a connection with a family they are going to be more willing to trust you when you ask them to do the hard stuff. In order to help these children, there is going to be plenty of the hard stuff to get trough before it gets better. And it can get better! I believe this to my core or I wouldn't be in this line of work. (This is a long paragraph of self-promotion. As the story goes on, the readers should watch her in action and come to the same conclusions without being led or told how to think.)

Home Based Service is completely different than working with children in a school or center setting. You are entering the family's home, making changes to their routine, setting up the structure and schedules that are crucial for their child's success. These changes may not come naturally to them and it's not easy to rethink all the details of daily life and adapt to their child's needs. If you make a connection it helps make it a little easier for them. (More table setting. Let the story evolve without the lecture.)

[&]quot;So how is Hannah with Katie? Do they interact much?" I asked.

"For the most part Hannah does her thing and Katie plays around her. Hannah has her self-stimulatory behaviors, or "stims" that she does when she is excited or anxious. She flaps her hands and likes to shake her head from side to side real fast. Katie thinks this is hysterical and laughs herself silly when Hannah does it. She even tries to imitate her and I know I should probably be worried, but it's just so damn cute I end up laughing right along with them!"

I start smiling myself just thinking about it and I have truly made up my mind that I am going to like working with this family very much!

Cassie 121 porton,

"I guess that went pretty well ladies," Cassie says as she gets her daughters settled into the car after their lunch meeting. "I mean we didn't send her running off screaming, so all and all I would say it was a good first meeting. I think I am going to like her. What about you Hannah Girl? Are you going to like your new teacher, Jen O'Shea?" Cassie asks knowing she is not going to get any response.

In the seven years since Cassie and David had Hannah she has never had a conversation with her daughter. She has had what teachers will call successful communication, but not a real conversation. Hannah can answer questions about what she wants to wear, this or that given two choices. You can ask if she wants a hot dog or grilled cheese for lunch. She can take your hand and lead you toward something she is looking for. But as for the rest, Cassie has no idea for the most part what her own child is thinking. She doesn't know her favorite color, or what her favorite song is. Which Disney princess is her favorite? Does she really like that much ketchup

on her scrambled eggs or is she trying to drown out the taste of the eggs like Cassie did when she was a kid?

(In this last Cassie section, the two paragraphs are disconnected. Both are important, but could you work the disappointments of the second paragraph into an active one-sided dialogue with her thoughts as a narrative within the dialogue? This would be the place to show the difficulty and emptiness of having an autistic child. And, also, your writing chops. Let us live with the characters, rather than being told about them.)

Summary: "Hannah's Turtles" is a story about two women who develop a friendship through an Autistic girl named Hannah. Cassie is Hannah's mother, and Jen is a behavior therapist that provides home based services to Hannah and her family. Cassie's husband David is serving a 24 month sentence in a mandatory rehabilitation facility due to crimes related to his addiction to prescription pain medication. Dave loves his family and spends his rehabilitation time learning all he can about his daughter's autism and understanding the root of the inner pain he was trying to medicate. Jen is in an emotionally and mentally abusive marriage and finds herself questioning the harm it is doing to her children. Through their growing friendship they find the strength to face the issues in their lives. In a dramatic turn they also literally save the life of the precious autistic girl that brought them together. Each chapter shares the voice of both Jen and Cassie as they tell the story of their precious Hannah.

Jenn's Commers's

CHAPTER ONE: Jennifer

The smell of fresh baking dough and Italian spices encircles my head, like something out of an old cartoon, pulling me through the pizzeria door. An ear-piercing screech cuts through the washing aromas, followed by a baby's cry. A second later, a foam cup with a plastic lid comes crashing to the floor, ice and liquid flowing everywhere. Instinctively I look to where all the commotion is coming from, and I see her sitting at a table near the window in the back. She shifts her toddler from one knee to the other as she tries to get her older daughter to focus on getting back to eating.

Cassie Mitchell my potential client.

A man comes out from behind the counter wearing a shirt with the name Joe stitched neatly along the top of the left pocket. I assume he is the namesake of the pizza place where we have agreed to meet. He doesn't look the least bit put out as he <u>carriegreaches for</u> the mop and pail <u>carrying them</u> over to the spill.

Comment [PHS IS1]: Use em dash, not

Comment [PHS IS2]: Use stronger verb

"Sorry, Joe!" <u>Cassic saysthe woman apologizes</u>. "Hannah didn't mean it. I moved her cup to the other side of her plate because Katie was trying to grab a piece of her chicken tender breading. She just didn't want it there. I'm so sorry.

"No worries. Miss Cassie. I get it all cleaned up for Hannah.!" he assures her in his thick Italian accent.

Careful not to step in his way, I take a minute before I attempt to skirt around the mess.

The extra time allows me a closer look at this woman I may be working with.

Despite the clear challenge of an active toddler and another child throwing a drink, she looks remarkably put together in an effortless, casual way. Fine, blonde hair is pulled back into a bun at the nape of her neck. Wispy bangs and loose tendrils fall to frame her delicate features. She pairs a light blue, peasant-style blouse with jeans and slip--on sneakers.

Similar in age and style, my darker color choice of maroon blouse with black jeans rolled to just above the ankles and black ballet flats enhance our contrasts. Where her look is light and airy, mine is what people might call earthy. My chestnut hair flows long over my shoulders and despite the hairdresser's assurance that the layers would allow for movement it just comes across as bushy. My violet-blue eyes are unique in that one quarter of my left iris is brown, a fact that I have embraced more as I have grown older. It's the only feature that adds interest to my otherwise ordinary looks.

I reach the table and she looks up with a welcoming smile.

"Hi, I'm Jennifer O'Shea," I-say introduce myself. "You must be Cassie Mitchell?"

"I am," she responds. "Forgive me if I don't getup, but I am finally getting them both to the case and that is a huge accomplishment. Please join us."

"Thanks," I say. "This must be Hannah? Hello, Hannah."

misplaces

Comment [PHS IS3]: Shorten this. Too much description, it slows the story down.

Comment [PHS IS4]: Use exclamation points sparingly.

Page 2 of 7

Keep dialogue tags aftersax Keep dialogue tags aftersax Norch Want.

Hannah continues to peel the breading from her chicken tenders as if she didn't hear me.

"Hannah, look at me," her mother directsed. Once she had eye contact she continued.

"Say Hhello to Ms. O'Shea."

"Hello to Ms. O'Shea." Hannah repeated the words like a parrot, and went-goes back to peeling the breading from her chicken.

"You can call me Jen," I tell them both, again not getting any response from Hannah.

"Sorry you walked in on all this. I moved Hannah's drink to the other side of her plate so grabby little fingers couldn't reach it," she says as she lovingly nuzzles her baby's neck, "And she threw it. It's not meant to be fresh. In Hannah's mind the cup just didn't belong there." She looks around the restaurant. "I'm glad the place isn't crowded at the moment. I try to plan eating out when there aren't many people around. Unfortunately most people don't understand. I get stares or comments under their breath about if that was their child what they would do."

Sometimes I just want to scream that she's not being bad, she is Aautistic!"

"Well, I understand completely, and yYou won't be getting any evil eyes from me." I reassure her with a smile.

"Food is definitely one of her issues as I'm am sure you can tell," Cassie laughs slightly.

I'm am certain she's is trying to make light of what must be a daily battle. "She loves the chicken tenders from Joe's but has to peel the breading off. I have tried to order them without breading but she won't cat them that way. She will only eat the chicken tenders from here, but I have to stop on the way and get her fries from her favorite fast food place. I'm am so glad Joe here understands and lets us bring them in. "

"Anything for my friend Hannah," Joe says as he hands Cassie a fresh cup of soda.

Comment [PHS 1S5]: You start in present tense. But then shift to past tense.

keep kerb tenses consistent

you write I have "but you read "I've" out load. Use more contractions.

"Do you know how hard it is to find a place like this? You are the best Joe.4" Cassie saysquips.

"You be sure and tell all your friends how great we are here. It's good for business," Joe says in his all professional like way. But you can see in his eyes that he has a special place in his heart for this family. It should have been my first indication that they were going to be more than just clients to me as well.

"Is food a problem with this beautiful little one, too?" I ask reaching out my hand to Hannah's younger sister. "Did you say her name is Katie?"

"Yes, this is Katic and her food issues are almost as bad as Hannah's. Hopefully that's just a toddler thing she'll-will grow out of before she turns into a chicken tender herself." Cassie laughs for real this time.

"I remember when my daughter was that age. I thought she was going to eat baby cereal forever; she loved the stuff. Baby oatmeal, rice cereal, barley cereal, swirl a little applesauce in there and she was in heaven. She would have it for breakfast, lunch and dinner if it was her choice," I <u>saysaid</u>. "She still eats it every now and then, but has expanded her pallet to include other foods as well."

"If Katie benefits from Hannah's eating program, then you are truly going to be a sanity saver for this Mom. How old is your daughter now?" Cassie asked.

"My daughter Sarah is five5 and my son Cole is eight." They're are great kids but not without their own issues," I laughed. "Does Hannah have any other brothers or sisters?"

"No, just Hannah and Katie is plenty," Cassie repliesd.

"Does their Dodad live with you?" I have worked with a wide variety of families so I have learned to ask.

"Their Ddad does live with us," Cassie says hesitantly. But quickly adds, "He is going to be away for a bit though, for work, so it will just be us girls for now."

I could tell by the catch in her voice and the quick change in her face that there was more to it than she let on. But as far as the information I need, it was plenty for me to know he would not be a part of our immediate training.

I take mental note and don't pull out my yellow legal pad just yet; I want to get a feel for the family first. Other behaviorists like to gather all the facts and information in the first meeting. I understand that, but it is not how I like to work myself. I've always been a person that feels things out and will lead with my emotions and instinct. In many cases, personal life being a classic example, it can be self—inflictingly painful. It also happens to be what makes me very good at what I do.

The children and their families that I work with are people, not "cases". I like to get to know them and have them get to know me as well. If you make a connection with a family, they are going to be more willing to trust you when you ask them to do the hard stuff. In order to help these children, there is going to be plenty of the hard stuff to get through before it gets better.

And it can get better, I believe this to my core or I wouldn't be in this line of work.

Home Based Service is completely different than working with children in a school or center setting. You are entering the family's home, making changes to their routine, setting up the structure and schedules that are crucial for their child's success. These changes may not come naturally to them and it's not easy to rethink all the details of daily life and adapt to their child's needs. If you make a connection it helps make it a little easier for them.

Comment [PHS IS6]: This is too much like a text book and pulls me out of the story.. This info can come in when Jen starts working with Hannah.

"So how is Hannah with Katie? Do they interact much?" I asked.

"For the most part Hannah does her thing, and Katie plays around her. Hannah has her self-stimulatory behaviors, or "stims" that she does when she is excited or anxious. She flaps her hands and likes to shake her head from side to side real fast. Katie thinks this is hysterical and laughs herself silly when Hannah does it. She even tries to imitate her, and I know I should probably be worried, but it's just so damn cute I end up laughing right along with them.

I start smiling myself just thinking about it and I have truly made up my mind that I am going to like working with this family very much.

Cassie

"I guess that went pretty well, ladies," Cassie says as she gets her daughters settled into the car after their lunch meeting. "I mean we didn't send her running off screaming, so all and all I would say it was a good first meeting. I think I'm am going to like her. What about you Hannah Girl? Are you going to like your new teacher, Jen O'Shea?" Cassie asks, knowing she is not going to get any response.

In the seven years since Cassie and David had Hannah, she has never had a conversation with her daughter. She has had what teachers will call successful communication, but not a real conversation. Hannah can answer questions about what she wants to wear, this or that given two choices. You can ask if she wants a hot dog or grilled cheese for lunch. She can take your hand and lead you toward something she is looking for. But as for the rest, Cassie has no idea for the most part what her own child is thinking. She doesn't know her favorite color, or what her

favorite song is. Which Disney princess is her favorite? Does she really like that much ketchup on her scrambled eggs or is she trying to drown out the taste of the eggs like Cassie did when she was a kid?

Comment [PHS IS7]: This is all "telling", try showing this instead.



Summary: "Hannah's Turtles" is a story about two women who develop a friendship through an Autistic girl named Hannah. Cassie is Hannah's mother and Jen is a behavior therapist that provides home based services to Hannah and her family. Cassie's husband David is serving a 24 month sentence in a mandatory rehabilitation facility due to crimes related to his addiction to prescription pain medication. Dave loves his family and spends his rehabilitation time learning all he can about his daughter's autism and understanding the root of the inner pain he was trying to medicate. Jen is in an emotionally and mentally abusive marriage and finds herself questioning the harm it is doing to her children. Through their growing friendship, they find the strength to face the issues in their lives. In a dramatic turn, they also literally save the life of the precious autistic girl that brought them together. Each chapter shares the voice of both Jen and Cassie as they tell the story of their precious Hannah.

Lisa Genova

Comment [s1]: Quick note. This is a nice summary of the story, but you'll also need to create a one or two sentence summary for when you query your book. Something to think about.

CHAPTER ONE: Jennifer

of an old cartoon, pulling me through the pizzeria door. An ear-piercing screech cuts through the wafting aromas, followed by a baby's cry. A second later, a foam cup with a plastic lid comes crashingcrashes to the floor, the plastic lid popping off, ice and liquid flowing everywhere.

Comment [82]: Personally not crazy about this comparison, plus it kind of confused me; I think you can delete it. I like the rest of the sentence.

good Setting for Starting the story

> tightening language

Turning my head, I am almost certain that this commotion is coming from my potential client, Cassie Mitchell. A mother, her daughter and baby I-see-herare sitting at a table near the window in the back. She shifts her toddler from one knee to the other as she tries to get-help her older daughter to focus on getting-back to eating.

Cassie Mitchell - my potential elient.

A man comes outhustles from behind the counter, wearing a shirt with the name Joe stitched neatly along the top of the his left-shirt pocket. I assume he is Joe is the namesake of the

Page 1 of 7

· make language more casual

· stay in the scene & don't hered

· watch tenses excessive

puls read ar away

pizza place where we have agreed to meet. He doesn't look the least bit put out as he reaches for the mop and pail carrying them over to the spill.

"Sorry, Joe!" the woman apologizes says. "Hannah didn't mean it. I moved her cup to the other side of her plate because Katie was trying to grab a piece of her chicken tender breading.

She just didn't want it there. I'm so sorry!"

"No worries, Miss Cassie, I get it all cleaned up for Hannah!" he assures says her in his thick Italian accent.

Careful not to step in his way, I take a minute before I attemptattempting to skirt around the mess. The extra time allows me a closer look at this woman I may be working with. Despite the clear challenge of an active toddler and another child throwing a drink, she the mother looks remarkably put together in an effortless, casual way. Fine, blonde hair is pulled back into a bun at the nape of her neck. Wispy bangs and loose tendrils fall to frame her delicate features. She pairs a light blue, peasant-style blouse with jeans and slip on sneakers. Similar in age and style, my darker color choice of maroon blouse with black jeans rolled to just above the ankles and black ballet flats enhance our contrasts. Where her look is light and airy, mine is what people might call earthy. My chestnut hair flows long over my shoulders and despite the hairdresser's assurance that the layers would allow for movement it just comes across as bushy. My violet-blue eyes are unique in that one quarter of my left iris is brown, a fact that I have embraced more as I have grown older. It's the only feature that adds interest to my otherwise ordinary looks.

I reach the table._-and-sShe looks up with a welcoming smile.

"Hi, I'm Jennifer O'Shea," I introduce myselfsay. "You must be Cassie Mitchell?"

"I am," she responds avs. "Forgive me if I don't get up, but I am finally getting them both to eat and that is a huge accomplishment! Please join us."

Comment [s3]: Too much explanation

Comment [s4]: Tell us here why she thinks it's her client. Just one sentence is enough-doesn't have to give away everything, but tell the reader something

I weave into the story

Comment [s5]: Pick one feature and then introduce the rest of this description throughout the scene. This is too much info regarding what everyone looks like; pulls the reader out of the story.

Comment [s6]: When you edit, look throughout your story for words that you can combine into a contraction; it makes the speech more casual

"Thanks," I say. "This must be Hannah? Hello, Hannah."

Hannah continued to peel the breading from her chicken tenders as if she didn't hear me.

"Hannah, look at me," her mother directed. Once she had eye contact she continued. "Say Hello to Ms. O'Shea."

"Hello to Ms. O'Shea." Hannah repeated the words like a parrot, and went back to peeling the breading from her chicken.

"You can call me Jen," I tell-them-bothsay/said, again not getting any response from Hannah.

Cassie sighs. "Sorry you walked in on all this. I moved Hannah's drink to the other side of her plate so grabby little fingers Katie couldn't reach it," she says as she lovingly nuzzles her baby's neck, "And and she threw it. It's not meant She doesn't mean to be fresh. In Hannah's mind the cup just didn't belong there. I'm glad the place isn't crowded at the moment. I try to plan eating out when there aren't many people around. Unfortunately most people don't understand. I get stares or comments under their breath about if that was their child what they would do! Sometimes I just want to scream that she's not being bad, she is Autistic!"

"Well-I understand completely. Y-and-you won't be getting any evil eyes from me." I reassure her with a smile.

"Food is definitely one of her issues, as I am sure you can tell," Cassie laughs slightly. I'am certain she'-is trying to make light of what must be a daily battle. "She loves the chicken tenders from Joe's here, but has to peel the breading off. I'have tried to order them without breading, but she won't eat them that way." She sighs and brushes a stray hair away from her face. "And, sShe'-will only eat the chicken tenders from here, but I have to stop on the way and

Comment [\$7]: Quick description of Hannah (age and one feature). Then tell us how Jennifer Interacts with her. Does she touch Hannah? Lean over to talk to her? Etc.

Comment [s8]: "doesn't" if you are sticking with present tense

Comment [s9]: Again, "directs" if you are going with present tense. But in most cases, you should just say "said" or "says" depending on tense

Comment [s10]: This is where you can tell us Katie's name

Comment [s11]: This seems like a lot for her to say when she's trying to deal with a toddler and her baby. I would go back and forth on this-break it up into chunks and have her and Jen go back and forth with shorter sentences.

Comment [s12]: good

get her fries from her favorite fast food place. I'-am so glad-grateful that Joe here is so understands understanding and lets us bring them in. "

"Anything for my friend Hannah," Joe says, as he hands Cassie a fresh cup of soda.

"Do you know how hard it is to find a place like this? You are the best, Joe!" Cassie quips.

"You be sure and tell all your friends how great we are here. It's good for business," Joe says in his all professional professional-like way. But you can see in his eyes that he has a special place in his heart for this family. It should have been my first indication that they were going to be more than just clients to me, as welltoo.

"Is food a problem with this beautiful little one, too?" I ask, reaching out my hand to Hannah's younger sister. "Did you say her name is Katie?"

"Yes, this is Katie. Hand her food issues are almost as bad as Hannah's. Hopefully that's just a toddler thing she'-will grow out of before she turns into a chicken tender herself." Cassie laughs for real this time.

(put physical tag here) "I remember when my daughter was that age," I say. I thought she was going to eat baby cereal forever; she loved the stuff. Baby oatmeal, rice cereal, barley cereal, swirl a little applesauce in there and she was in heaven. She would have had it for breakfast, lunch and dinner if it was had been her choice," I said. "She still eats it every now and then, but has expanded her pallet to include other foods as well."

"If Katie benefits from Hannah's eating program, then you are truly going to be a sanity saver for this Mom. How old is your daughter now?" Cassie asked.

Comment [s13]: Don't get me started on giving little kids fast food...

Comment [s14]: How old is Hannah?

Comment [s15]: Say or said-again, watch tense

"My daughter Sarah is 5 and my son Cole is 8. They are re great kids, but not without their own issues," I laughed. "Does Hannah have any other brothers or sisters?"

"No, just Hannah and Katie is plenty." Cassie replied.

"Does their Dad live with you?" I have worked with a wide variety of families; so I have learned to ask.

"Their Dad does live with us," Cassie says, hesitantly. But-She quickly adds, "He_is going to be away for a bit though, for work, so it will just be us girls for now."

I could tell by the catch in her voice and the quick change in her face that there There was obviously more to it-this story than she let on. But as far as the information I need, it was plenty for me to know he would not be a part of our immediate training.

I take mental note and don't pull out my yellow legal pad just yet; I want to get a feel for the family first. Other behaviorists like to gather all the facts and information in the first meeting.

things out and willwho leads with my emotions and instinct. In many cases, personal life being a classic example, it can be self-inflictingly painful. It also happens to be what makes me very good at what I do. The children and their families that I work with are people, not "cases". I like to get to know them and have them get to know me as well. If you make a connection with a family they are going to be more willing to trust you when you ask them to do the hard stuff. In order to help these children, there is going to be plenty of the hard stuff to get trough before it gets better. And it can get better! I believe this to my core or I wouldn't be in this line of work.

Home Based Service is completely different than working with children in a school or center setting. You are entering the family's home, making changes to their routine, setting up the structure and schedules that are crucial for their child's success. These changes may not come

Comment [s16]: Laugh?

Comment [s17]: Physical tag? Does she set her mouth, roll her eyes, raise her eyebrows?

Comment [s18]: Already just told us this

Comment [s19]: 'who' instead of 'that' since you are referring to a person here, not a thing

Comment [s20]: ?

Comment [\$21]: The rest of this feels like backstory. You can weave this in slowly as the story moves forward. Right now, having all of this here takes away from the conversation.

naturally to them and it's not easy to rethink all the details of daily life and adapt to their child's needs. If you make a connection it helps make it a little easier for them.

"HSo how is Hannah with Katie? Do they interact much?" I asked.

She glanced at Hannah. "For the most part, Hannah does her thing and Katie plays around her. Hannah has her self-stimulatory behaviors, or "stims" that she does when she is excited or anxious. She flaps her hands and likes to shake her head from side side to to-side real fast. Katie thinks this is hysterical and laughs herself silly when Hannah does it. She even tries to imitate her, and I know I should probably be worried, but it's just so damn cute, I end up laughing right along with them!"

I start smiling myself just thinking about it and I have truly made up my mind that I am going to like working with this family very much!

> too formal

Comment [s22]: Same here; work it in laterslowly-and stay with the conversation.

Comment [s23]: Ask or asked?

Cassie

"I guess that went pretty well, ladies," Cassie says, as she gets her daughters settledsettles her daughters into the car after their lunch meeting. "I mean, we didn't send her running off screaming, so all and all I would say it was a good first meeting. I think I am going to like her.

What about you, Hannah Girl? Are you going to like your new teacher, Jen O'Shea?" Cassie asks, knowing she is not going to get any response.

In the seven years since Cassie and David had Hannah, she has never had a conversation with her daughter. She has had what teachers will call successful communication, but not a real conversation. Hannah can answer questions about what she wants to wear, this or that given two

Comment [s24]: implied

Comment [\$25]: Does she look her daughter in the eye when she says this? Touch her?

Comment [s26]: She's 7-tell us earlier

choices. You can ask if she wants a hot dog or grilled cheese for lunch. She can take your hand and lead you toward something she is looking for. But as for the rest, Cassie has no idea for the most part what her own child is thinking. She doesn't know her favorite color, or what her favorite song is. Which Disney princess is her favorite? Does she really like that much ketchup on her scrambled eggs or is she trying to drown out the taste of the eggs like Cassie did when she was a kid?

She does know that Hannah LOVES turtles! She was given a DVD for her birthday when she was 2 years old all about turtles. It showed turtles swimming in the water and explained how turtles hatch from eggs and how they grow. It told about the different types of turtles and how they make their homes/nests. Kind of an odd gift for a two year old, but it came from David's younger brother who knows pretty much nothing about little girls and it was educational. Hannah must have watched the DVD a million times. She could talk right along with the video word for word. She would recite parts of it out loud when she got excited or frustrated. Cassie and David originally even thought Hannah was advanced doing all this at 2 and 3 years old. Later, however, they were told this was called scripting and was quite common for children on The Autism Spectrum.

This is an interesting premise for a story, and you've got a good scene to work with.

Make the dialogue more casual, make sentences choppier (they just met), take out the telling and weave it as showing into the story.

Comment [527]: 1-this is all good info, but a bit of an info dump here. I would leave this paragraph out and introduce it slowly. Have you read "Love, Anthony" by Lisa Genova? I think it's more important to focus in the previous paragraph on how Cassie reacts when her daughter ignores her.

Comment [s28]: Again, this is all tell instead of show. Have them get home and Hannah asks for the video (or the mother knows to put it on). Show us instead of telling us that Hannah wants to watch it. Show us how Hannah acts when she watches the video.